



# **FUTURE STARS**

## *Soccer Academy*

CELEBRATING EXCELLENCE SINCE 2001

### **Soccer Camp Check List**

#### **Soccer Necessities for All Campers:**

- Soccer Shoes: Make sure to break in your soccer shoes before camp.
- Tennis or Basketball Shoes: Broken-in for gymnasium, racket ball court, or “Soccer Tennis”
- Soccer Ball: Make sure to mark your ball with your name and telephone number.
- Shinguards: Shin and ankle protection is a must.
- Water Bottle: Keep hydrated, prevent dehydration.
- Equipment Bag
- Soccer Shorts: Maybe two per day
- Soccer Jersey or t-shirts for play. Maybe two per day.
- Soccer Socks: Maybe two per day.
- Sunscreen / Sun Protection: such as a suntan skin lotion, lip protection, and hat.
- Mask: Campers are required to wear a mask during breaks, not training

#### **Optional Items / Suggestions**

- Mobile phone
- Air Pump: for proper ball inflation